



JANUARY 2026 EVENT & PROGRAM CALENDAR

Auburn Senior Community Center | 48 Pettengill Park Road
 Register online at secure.rec1.com/ME/auburn-me/catalog
 or call Auburn Rec Dept. at 333-6601 x2112 (REV 1/13)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			■ = Auburn Recreation Program (Jody) ❖ = Age-Friendly Committee Event ⌘ = 1st Auburn Senior Citizens Meeting φ = New Auburn Seniors Meeting ♦ = Robin Dow Meeting	1 HOLIDAY - No Recreation Programs ❖ = Age-Friendly Program	2 No Recreation Programs	3
4	5 φ = New Auburn Seniors Meeting ■ Yoga w/Emma 6pm	6 ■ Song Sung Blue Movie in Auburn ■ Yoga For Balance 4pm	7 ⌘ = 1st Auburn Senior Citizens Meeting 9am	8 ■ Sunshine Club Cards w/Corinne 10am (Ella covering) ■ Chair Yoga 1:30 PM ■ Adult Craft Night 5:30pm	9	10
11	12 φ = New Auburn Seniors Meeting ■ Yoga w/Emma 6pm	13 ■ Lander's trip to Africa Slideshow and Lunch 11am ■ Yoga For Balance 4pm ❖ = Age-Friendly Mtg 5:00	14 ♦ = Robin Dow Meeting 9am ■ L/A Mystery Lunch Shuttle 11:30am	15 ■ Bates College Dining Shuttle 10:45am ■ Chair Yoga 1:30 PM ■ Adult Craft Night 5:30pm	16 ■ Drop-In Day 9-12 ■ Card Crafting w/Corinne 10am ■ Tech Talk 10am ■ Sunshine Club 11am	17
18	19 HOLIDAY - No Recreation Programs ■ Yoga w/Emma 6pm	20 ■ Valentine for Veterans 10am to 2pm ■ Yoga For Balance 4pm	21 ⌘ = 1st Auburn Senior Citizens Meeting 9am	22 ■ Recycled Percussion at Merrill 8:45am ■ Chair Yoga 1:30 PM ■ Adult Craft Night 5:30pm	23 ■ Drop-In Day 9-12 ■ Book Club 10am ■ Pizza Lunch @ASCC at 12pm	24
25	26 ■ downland to the planets at Merrill 5:30pm φ = New Auburn Seniors Meeting ■ Yoga w/Emma 6pm	27 ■ Diamond Art Valentine Earrings 11am ■ Crafting with Nancy 1pm ■ Yoga For Balance 4pm	28 ♦ = Robin Dow Meeting 9am ■ Something Wonderful Good Theater 12:30pm	29 ■ Coffee Talk 8am ■ Crafting and Lunch 10:30am ■ Chair Yoga 1:30 PM ■ Adult Craft Night 5:30pm	30 ■ Senior Center Closed - Carpet Cleaning	31

Date	Time	Cost	Description
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Thursday, Jan 1	Doors open at 10am	Free -All ages	Age-Friendly Community Committee Christmas Luncheon -Register by calling 207-333-6601 x2112 Age-Friendly Program: Finger Rolls, dessert, beverage Doors open at 10am, ball drop at noon followed by the meal
Monday, Jan 5	9:00 AM – 3:00 PM	\$10.00 annual	New Auburn Seniors Meeting - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow. Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning)
Monday, Jan 5	6:00 PM – 7:00 PM	\$12 \$15 non-res	Yoga with Emma - Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels.
Tuesday, Jan 6	TBD (will be the first show of the day)	\$5 \$7 non-residents	Song Sung Blue Movie in Auburn - The film is a musical comedy about two down-on-their-luck musicians (played by Jackman and Kate Hudson) who start a Neil Diamond tribute band. It is based on the true story of a real-life Neil Diamond tribute act. Pre-registration is required. Minimum 6/Maximum 14.
Tuesday, Jan 6	4:00 PM – 5:00 PM	\$12.00 drop-in fee	Yoga For Seniors: Balance - Join certified yoga instructor Emma Samson for this beginner-friendly class for seniors focusing on strength, mobility, and balance. Mindfulness and meditation throughout each class support stress-relief for participants. This class will involve the use of chair- and floor-based exercises, as well as standing poses, but the exercises can be adapted to meet the individual needs of each student. Min4/Maximum 15.
Wednesday, Jan 7	9:00 AM – 3:00 PM	\$10.00 annual dues	1st Auburn Meeting/Bingo. Doors open at 9:00 AM. Bingo is price per card, starts about noon. Meetings are cancelled if Auburn schools are closed for weather. (this includes remote learning)
Thursday, Jan 8	10:00 AM	Free	Help! Corrine Make Cards for Sunshine Club This is an onsite (Auburn Senior Community Center) session. Corrine is in need of help to make the cards that go along with the flowers for Sunshine Club. Ella is covering this, doors will open at 10am.
Thursday, Jan 8	1:30 PM – 2:30 PM	\$12.00 drop-in fee	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. *Drop-In Fee is \$12.00: Minimum 4
Thursday, Jan 8	5:30 PM – 8:00 PM	Free \$2.00 weekly non-res	Thursday Adult Craft Night 5:30pm – The Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Min: 4 /Max: 20 Pre-registration required.
Monday, Jan 12	9:00 AM – 3:00 PM	\$10.00 annual	New Auburn Seniors Meeting - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow. Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning)
Monday, Jan 12	6:00 PM – 7:00 PM	\$12 \$15 non-res	Yoga with Emma - Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels.
Tuesday, Jan 13	11:00 AM – 1:30 PM	Free	Landers's trip to Africa Slideshow and Lunch -Join us at the Auburn Senior Community Center to take a virtual trip to Africa with Nancy and Tim! They were blessed to travel there this past year and have compiled a slideshow of their exploration. We are reaping the spoils of the trip as they present us with their journey. Doors will open at 11am, lunch to follow about 11:30am and then the show about noon. This is an in-house program. Pre-registration is required.
Tuesday, Jan 13	4:00 PM – 5:00 PM	\$12.00 drop-in fee	Yoga For Seniors: Balance - Join certified yoga instructor Emma Samson for this beginner-friendly class for seniors focusing on strength, mobility, and balance. Mindfulness and meditation throughout each class support stress-relief for participants. This class will involve the use of chair- and floor-based exercises, as well as standing poses, but the exercises can be adapted to meet the individual needs of each student. Min4/Maximum 15.
Tuesday, Jan 13	5:00 PM – 6:00 PM	N/A	Age-Friendly Community Committee Meeting – Open to the Community
Wednesday, Jan 14	9:00 AM – 3:00 PM	\$10.00 annual	Robin Dow Seniors - Doors open at 9:00am with Directors meeting at 10:30, and bingo. Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning).
Wednesday, Jan 14	11:30 AM – 2:30 PM	\$2 \$4 non-res	L/A Mystery Lunch Shuttle for January Winter months bring some local trips. These mystery meals will all be in the L/A area. Let lunch be a surprise! Sign up for the social aspect and for the thrill of no knowing where the bus will take you. Pre-registration is required. Minimum 6/Maximum 14

Thursday, Jan 15	10:45 AM	\$2 \$4 non-res	Bates College Dining Shuttle Jan 2026 We will be keeping it local for these winter months! Let's head over the bridge and have a wonderful buffet lunch at Bates College Dining! Sure, you may have been there before, but have you been with us!? We will arrive about 11am to avoid the rush of students dining. Trips return by 12:45pm. Pre-registration required. Minimum 6/Max 14. You pay for your buffet lunch directly to Bates the day of. Cost is \$14 and MUST be paid via credit card, Visa or Mastercard only!
Thursday, Jan 15	1:30 PM – 2:30 PM	\$12.00 drop-in fee	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. *Drop-In Fee is \$12.00: Minimum 4
Thursday, Jan 15	5:30 PM – 8:00 PM	Free \$2.00 weekly non-res	Thursday Adult Craft Night 5:30pm – The Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Min: 4 /Max: 20 Pre-registration required.
Friday, Jan 16	9:00 AM – 12:00 PM	Free \$1 non-residents	Drop-in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones.
Friday, Jan 16	10:00 AM – 11:00 AM	Free	Card Crafting with Corinne – Jan 2026 - This is an onsite (Auburn Senior Community Center) Hand-made card making workshop. All materials will be provided by the Senior Center. The theme valentine card and candy treat holder. Feel free to bring your own card crafting supplies if you have them. Pre-registration is required. Minimum 6/Maximum 15
Friday, Jan 16	10:00 AM – 11:00 AM	Free	Tech Talk Friday – Have a technology question? A device you want to know more about? If so, this program is for you! Once a month, come chat with Izzy, Adult Services Manager at the Auburn Public Library. Pre-reg helpful
Friday, Jan 16	11:00 AM – 12:30 PM	Free	Sunshine Club – Do you want to bring a little sunshine to community members living in assisted living centers? Join this lively group who work together to make floral arrangements to be delivered to local long-term care facilities. Pre-registration required.
Monday, Jan 19	6:00 PM – 7:00 PM	\$12 \$15 non-res	Yoga with Emma - Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels.
Tuesday, Jan 20	10:00 AM – 1:00 PM	Free	Valentines for Veterans - Valentine Diamond Art Card and also some Paper Card Crafting - Join us at the Auburn Senior Community Center to make a Valentine's Day card to be shipped out to our deployed troops overseas and VA Hospitals!. Pre-registration is required. This is an in-house program, not for pick up and take home. Maximum 18. Pre-registration is required. CARDS MUST BE COMPLETED BEFORE YOU LEAVE FOR THE DAY SO WE CAN SHIP THEM OUT. At your discretion, you are welcome to include your return address in the event the recipient may write back to you. However, it is also okay if you do not include any personal information.
Tuesday, Jan 20	4:00 PM – 5:00 PM	\$12.00 drop-in fee	Yoga For Seniors: Balance - Join certified yoga instructor Emma Samson for this beginner-friendly class for seniors focusing on strength, mobility, and balance. Mindfulness and meditation throughout each class support stress-relief for participants. This class will involve the use of chair- and floor-based exercises, as well as standing poses, but the exercises can be adapted to meet the individual needs of each student. Min4/Maximum 15.
Wednesday, Jan 21	9:00 AM – 3:00 PM	\$10.00 annual dues	1st Auburn Meeting/Bingo. Doors open at 9:00 AM. Bingo is price per card, starts about noon. Meetings are cancelled if Auburn schools are closed for weather. (this includes remote learning)
Thursday, Jan 22	8:45 AM – 12:00 PM	\$16 \$18 non-residents	Recycled Percussion at Merrill Auditorium Unique and energetic "junk rock" band, Recycled Percussion have been making rock-n-roll music from recycled materials for 20 years. The band gained national fame with their groundbreaking performances on America's Got Talent, later becoming one of the most successful acts on the Las Vegas strip. Using everyday objects like power tools, ladders, buckets, and trash cans, this high-octane performance is a dynamic mix of rock drumming, guitar smashing, and DJ-spinning, all bended into the recyclable magic of what the band calls "junk music." Get ready for a musical experience that will have you clapping your hands and stomping your feet as you marvel at what can be done musically with some humble materials. RUN TIME 60 minutes Pre-registration is required. Minimum 6/Maximum 14.

Thursday, Jan 22	1:30 PM – 2:30 PM	\$12.00 drop-in fee	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. *Drop-In Fee is \$12.00: Minimum 4
Thursday, Jan 22	5:30 PM – 8:00 PM	Free \$2.00 weekly non-res	Thursday Adult Craft Night 5:30pm – The Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Min: 4 /Max: 20 Pre-registration required.
Friday, Jan 23	9:00 AM – 12:00 PM	Free \$1 non-residents	Drop-in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones.
Friday, Jan 23	10:00 AM – 11:00 AM	Free	The Auburn Senior Community Center, in partnership with the Auburn Public Library , is pleased to be able to continue their reading and discussion group. This group will meet monthly at the ASCC. Questions? Contact Renee at the Auburn Senior Community Center or Donna at the Auburn Public Library -- 207-333-6640, ext. 4, or via email at dwallace@auburnpubliclibrary.org. Maximum 16 (can accommodate more for discussion days if people share their books before the next meet up).
Friday, Jan 23	12:00 PM – 1:30 PM	\$6.00	Pizza Lunch @ ASCC Jan 2026- Join us at the Auburn Senior Community Center for a cheese pizza lunch. You will get 2 slices of cheese pizza, chips and soda/water. Hang out with your friends or make some new ones. Pre-registration is required. This is an in-house program. Maximum 20.
Monday, Jan 26	5:30 PM (show is at 7PM) - 10:00 PM	\$36 \$38 non-residents	dawnland to the planets at Merrill Auditorium- The Music of the Wabanaki and Holst Wabanaki means People of the Dawnland. As the first people to greet the sunrise, they are responsible for holding up the sky. A three-part movement rooted in ancient Wabanaki music, Militakwat (pronounced mill-e-duh-kwut) is the Penobscot word for "it has all kinds of sounds." Run Time: Approximately 2 hours Seats: Terrace Section 1, Rows 1 and 2 Pre-registration is required. Minimum 6/Maximum 14. No refund unless your spot can be filled.
Monday, Jan 26	9:00 AM – 3:00 PM	\$10.00 annual	New Auburn Seniors Meeting - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow. Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning)
Monday, Jan 26	6:00 PM – 7:00 PM	\$12 \$15 non-res	Yoga with Emma - Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels.
Tuesday, Jan 27	11:00 AM – 12:30 PM	Free	Diamond Art Valentine Earrings (set of 2) - Join us at the Auburn Senior Community Center to make two sets of Valentine Earrings. There will be different ones to decorate in diamond art, it will be a surprise which ones you get. Pre-registration is required. This is an in-house program, not for pick up and take home. Maximum 12. Pre-registration is required.
Tuesday, Jan 27	1:00 PM - 3:00 PM	\$8.00	Crafting with Nancy: Try Scherenschnitte! A Paper Cutting Craft. You will be led by instructor, Nancy Lander. All materials will be provided. Pre-registration is required. Maximum 12.
Tuesday, Jan 27	4:00 PM – 5:00 PM	\$12.00 drop-in fee	Yoga For Seniors: Balance - Join certified yoga instructor Emma Samson for this beginner-friendly class for seniors focusing on strength, mobility, and balance. Mindfulness and meditation throughout each class support stress-relief for participants. This class will involve the use of chair- and floor-based exercises, as well as standing poses, but the exercises can be adapted to meet the individual needs of each student. Min4/Maximum 15.
Wednesday, Jan 28	9:00 AM – 3:00 PM	\$10.00 annual	Robin Dow Seniors - Doors open at 9:00am with Directors meeting at 10:30, and bingo. Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning).
Wednesday, Jan 28	12:45 PM – 5:00 PM	\$36 \$38 non-residents	Something Wonderful at the Good Theater in Portland Join Broadway's George Dvorsky as he sings his favorites from the Great American Songbook, accompanied by Good Theater's resident musical director, Victoria Stubbs, and tells stories of his extensive 45-year career in the theater working with folks like Chita Rivera, Julie Andrews and many others. George Dvorsky's extensive performance career has covered too many iconic roles to count – from the title

			role in The Scarlet Pimpernel on Broadway, to Disney Animated Film voiceovers, to his Award-winning Daddy Warbucks in Annie. You won't want to miss this Broadwayworld Award Winning production! "He is truly something wonderful singing on the stage." - The Berkshire Edge Seating General Admission for all Main Stage shows Pre-registration is required. Minimum 6/Maximum 14.
Thursday, Jan 29	8:00 AM – 9:30 AM	Free	Coffee Talk with AARP – Jan 28 - Denis Ledoux Denis Ledoux joined us several months ago to speak about his memoir, French Boy / A 1950s Franco-American Childhood. He has a new book recently released and will again be joining us! His new book, Here to Stay offers a ground level view of life in New France in the 17th century. It focuses on four ordinary people: his paternal and maternal ancestors. A light breakfast of coffee and pastries will be provided. This is offered in collaboration with AARP. Pre-registration is helpful. Maximum 30
Thursday, Jan 29	10:30 AM – 1:00 PM	\$8	Thursday Craft and Lunch Series - Join us at the Auburn Senior Community Center on Thursday mornings to work on a supplied craft. These will be simple crafts, anyone can do! At about noon we will break for a soup lunch (there will be a choice between two). What better way to have some fun during the cold winter months. Pre-registration is required. Maximum 12 for each session.
Thursday, Jan 29	1:30 PM – 2:30 PM	\$12.00 drop-in fee	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. *Drop-In Fee is \$12.00: Minimum 4
Thursday, Jan 29	5:30 PM – 8:00 PM	Free \$2.00 weekly non-res	Thursday Adult Craft Night 5:30pm – The Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Min: 4 /Max: 20 Pre-registration required.

	<p>Looking for updates on programs – check us out on Facebook</p> <ul style="list-style-type: none"> • Auburn Recreation Department – Maine • Friends of the Auburn Senior Community Center
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Luck of the Draw Trips - Rules and Regulations

- You **MUST** have a Civic Rec account so you can be registered.
- These trips will be drawn on the date listed/published.
- You are allowed to put your name (and potential seat buddy) only **ONCE** per trip.
- I will be checking to make sure there are no duplicates before names are drawn.
- You will be notified on the date of the drawing if you are chosen.
- If not chosen, I will choose leftover names for the wait list.
- Please do not contact me, I will reach out to you that day once I have drawn names.
- If you do not have a credit card or credit already on your account, you will be required to make payment in full within 5 days of the drawing.
 - **If you do not make payment in full, you will be removed from the trip, and I will contact those on the wait list. The date the names are drawn on is day 1.**